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A CROWNING ACHIEVEMENT
Ava Marie Collar Named Miss West Virginia Nationwide 2018

(December 1, 2017) Council Bluffs, Iowa – Ava Marie Collar of Parsons, was named Miss West Virginia Nationwide 2018, and will represent the state of West Virginia in the national 2018 Miss Nationwide Competition.

Ava holds a Bachelor’s Degree in Exercise Science, and a Masters of Education in Exercise Physiology from Davis and Elkins College. She enjoys painting, arts and crafts, weightlifting, yoga and music in her spare time. She also devotes her time and talents to numerous professional and charitable organizations. Ava has participated and worked the Cupcake Festival assisting in raising nearly \$10,000 for CMNH, has gathered and donated almost 70 pounds of pet food to needed pets in Columbus, gathered and donated supplies to Harmony House in Huntington, West Virginia, gathered and donated school supplies to the schools of Charleston, West Virginia, and volunteered her time at the “Battle of the Bands” event held in Charleston that raised money for abuse victims.

During her reign as Miss West Virginia Nationwide 2018, Ava will promote her platform regarding mental illness and entitled, “Discussing Mental Health Doesn’t Have to be “Trichy”. Her platform is an extension of her everyday life because she suffers from a rare form of OCD referred to as Trichotillomania. Ava wants to stress to others that just because someone is different, doesn’t make them any less valuable of a person. “I’ve held seminars and discussions on my campus about mental

health, I've helped many people because of those discussions, and I will continue my work my entire life" said Ava.

The Miss Nationwide™ Charitable Foundation's mission is to provide scholarship awards within a competitive system designed to enhance educational and career opportunities for young women. By encouraging young women to serve as positive role models through service, personal development and volunteerism in their communities, the Foundation provides opportunities, that foster self-empowerment, personal confidence, and serve the community.

The Miss Nationwide™ Charitable Foundation was organized to provide unique opportunities for young women to win financial assistance in the form of scholarship awards, thereby helping achieve their education goals; to encourage the spirit of volunteerism; and to create and maintain a system of competition, thus ensuring the young women receive opportunities and experience which enhance them as role models representing positive American values.

The National Competition will be held June 2018 in Omaha, Nebraska, where Miss Nationwide 2018 will be crowned after competing in several areas of competition including: Interview, Platform Statement & Presentation, Personal Style & Expression, Evening Gown, On Stage Questions, and State Costume.

For more information, visit: www.MissNationwide.com

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Editor's Note:

- Interview and photo opportunities available
- High-resolution head shots also available